# Turves Green Primary School Newsletter



29TH SEPTEMBER 2023

Hello Everyone,



Well what a fabulous end to another busy week in school. Our Years 4, 5 and 6 school parliament members had an amazing trip to London to visit the actual Houses of Parliament. They had a tour of Westminster Abbey and even got to stand in front of the famous number 10 Downing Street door (and yes Larry the cat was there, what a bonus)!

The most magical part of this trip was late last night when I was checking my emails and found an email from a lady who had been travelling on the same train from London as the children. She had written to commend the children for being so well behaved and conscious of the other commuters and also commented on the fab staff supervising them. So, a massive well done to the children and a big thank you to Mr Williams, Ms Foster-Clee and Ms Johnson. We are always proud to take our children on visits and our three school values of being Ready, Respectful and Safe really do matter all the time, everywhere.



Our Key Stage 2 children are in the process of rehearsing their contribution to our harvest celebrations. If you are able to make a contribution, children can hand it to their class teacher, we hope to be supporting the local Northfield Community Project Foodbank this year.

The harvest celebration will be on Friday 6th October at 9:10am and Key Stage 2 children will be performing a song or poem.

Have a great weekend,

D Holland Headteacher

Inclusion Corner - Sleep well?

Many children have problems with sleep, for example, getting to sleep, staying asleep or night terrors. However, estimates suggest that up to 86% of neurodiverse children\* have sleep issues. Matt Blackburn, our link CAT teacher, suggests the following strategies to support:

- Consider the language you use. Use phrases such as ' time to settle/ rest' or 'time to go and enjoy your room' instead of 'you need to/ must sleep'.
- Build in time to reflect upon the day; this will support easing any anxieties or worries.
- Be aware of sensory needs, for example, do they require bed socks, a weighted blanket, a room with limited stimulation?
- Use Social Stories or Comic Strip conversations to explain what is and is not okay during the night. For example, relaxing activities, such as drawing, are okay, but going downstairs or waking others is not.
- Establish a consistent bedtime routine, including relaxation and quiet time. The Beyond Autism website has some further ideas to support this, alongside a downloadable visual timetable: <u>Autism and sleep BeyondAutism</u>

Consider attending a workshop, such as the attached one being run by Hunrosa, for extra support.

Always remember to consult your GP if problems are causing concern.

Have a restful weekend. Laura Allden (Inclusion Lead and AHT)





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### DATES FOR YOUR DIARY

TUESDAY 3RD OCTOBER SEND COFFEE MORNING

THURSDAY 5TH
OCTOBER
INDIA THEME LUNCH

FRIDAY 6TH OCTOBER KS2 SPRING
CELEBRATION
ASSEMBLY 9:10AM

TUESDAY 10TH OCTOBER
& THURSDAY 12TH
OCTOBER PARENT CONSULTATION
EVENING

FRIDAY 13TH OCTOBER FLU IMMUNISATIONS

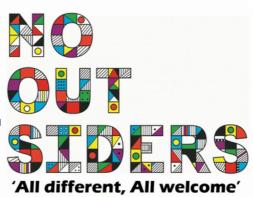
FRIDAY 27TH OCTOBER - SCHOOL PHOTO DAY

#### KS2 PE

Monday - No KS2 PE
Tuesday - 4M, 5E & 5M,
Wednesday - 4W & 6J (6B
Swimming)
Thursday - 3B, 3S
Friday - No KS2 PE

Years 3, 4, 5 & 6 to wear their PE kits to school on their PE days







Have a conversation about the story behind these pictures which were shown in our No Outsiders assembly this week and how it links to No Outsiders and British Values:





#### Makaton

Makaton is a unique language programme that uses symbols, signs and speech to enable people to communicate. It supports the development of essential communication skills such as attention and listening, comprehension, memory, recall and organisation of language and expression.

Each week, we will be learning four new words. Please see below this weeks words to practise at home.











# **Turves Green Superstars!**



#### **Hot Chocolate Friday**

Well done to all the children who have been nominated.

This week's winners are:

Year 1 - Logan & Harlow

Year 2 - Lacey & Leah

Year 3 - Kylo & Olivia

Year 4 - Alice & Ollie

Year 5 - Annalise & Seth

Year 6 - Archie & Tyler

#### **House Points**

Balding

Farrah

Hawking

Rowling

**Spielberg** 



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#### **Superstar Mathletes**

Year 1 - Layla & Kezari

Year 2 - Logan & Charlie

Year 3 - Ronnie & Rohan-Beu

Year 4 - Ethan & Mollie

Year 5 - Annalise & Retag

Year 6 - Tyler & Llewelyn



#### **Handwriting Heroes**

Year 1 - Oliver & Jack

Year 2 - Tyler-Lee & Oscar

Year 3 - Joaisha & Sharshviga

Year 4 - Logan & Gracie-Mae

Year 5 - Poppy & Kayci-May

Year 6 - Ethan C & Ethan A



# Lunch Menu

# Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Carbonara Pasta Bake Tomato & Garlic Pasta	Chicken Pie Cheese & Onion Pastry	Pork Sausage Quorn Roast	India Theme Lunch Chicken Balti Vegetable & Spinach Balti	Pizza Selection Fish Fillet
	Garlic Slice Sweetcorn Mixed Vegetables	Creamed Potatoes Gravy Garden Peas Sweetcorn	Roast New Potatoes Creamed Potatoes Broccoli Carrots	Basmati Rice and Vegetable Samosa Curried chickpeas with coriander sweetcorn	Chips Sweetcorn Baked Beans
	Fresh Fruit Salad	Raspberry Jam Doughnut	Fresh Fruit Salad	Rainbow Cookies Watermelon	Ice Cream Roll



Be an attendance HERO Here Everyday Ready Ontime

