

# **Turves Green Primary School** Newsletter



1ST MARCH 2024

Dear Everyone,

It's been another fantastically busy week here at Turves Green Primary School this week.

The Young Voices Choir had a fantastic time on Friday evening taking part in the Young Voices Concert where they represented Turves Green Primary School by proudly flying the TGPS flag.

Twenty of our children also had the opportunity to represent TGPS at the Badminton Festival which took place at King Edward VI Northfield School for Girls this week. KEV's were really impressed with the skills and behaviour shown by all the children and are looking forward to welcoming more of our children at future events throughout the remainder of this academic year.

This afternoon Miss Beech and Mrs Jones spoke to our Year 6 parents and carers about what the children can expect in their upcoming SATs. We are sure that this workshop was very useful and we know that all our Year 6 children will do the best they can when the time arrives early on in the summer.

We look forward to seeing all the children dressed as their favourite book character or in their comfy pyjamas ready for a story next Friday when they will be taking part in fabulous activities related to their favourite books for World Book Day.

Have a great weekend!

**Turves Green Primary School** 

Inclusion Corner Sensory Support

**Inclusion Corner** Promoting Wellbeing through Mindfulness

Mindfulness is a way of training the mind to be present; paying attention to what is happening as it happens. It is done with an attitude of kindness, acceptance and nonjudgement.

The benefits include:

- more patience
- better focus and productivity
- increased compassion
- heightened body awareness
- less stress and anxiety

What mindfulness techniques do we use in school (see attachments)?

- 5,4,3,2,1 (anxiety grounding technique)
- Deep breathing exercises like: Belly Breathing: Mindfulness for Children YouTube
- Affirmations

Would any of these techniques benefit at home also?



How do you feel?

Mind Full, or Mindful?

Happy weekend!

Laura Allden



## **Upcoming events:**

Thursday 7th March - 5M Class Assembly - 2:30pm



Friday 8th March - World Book Day



Thursday 14th March - 5E Class Assembly - 2:30pm

**WORLD BOOK DAY -**FRIDAY 8TH MARCH EAR A COSTUME FROM YOUR **FAVOURITE BOOK** OR YOUR PYIAMAS!!

## Next weeks PE:

MONDAY No KS2 PE

TUESDAY 4M, 5E & 5M

WEDNESDAY

4W, 6B **6J Swimming** 

3B and 3S

No KS2 PE

Years 3, 4, 5 and 6 to wear their PE kits to school on their PE days





# Please note all school clubs are on an allocation basis and your child must have received a letter confirming their place to attend. MONDAY 3:15pm - 4:15pm YR2 Badminton B:20am - 8:40am TT Rockstars 3:15pm - 4:15pm Production Club THURSDAY 8:20am - 8:40am TT Rockstars 3:15pm - 4:15pm YR5 Volleyball 3:15pm - 4:15pm YR6 SATs Boosters 3:15pm - 4:15pm YR6 SATs Boosters 3:15pm - 3:45pm Guitar Club No before or afterschool clubs

Have a conversation about the story behind the picture shown in our No Outsiders assembly this week and how it links to No Outsiders and British Values:



#### Makaton

Makaton is a unique language programme that uses symbols, signs and speech to enable people to communicate. It supports the development of essential communication skills such as attention and listening, comprehension, memory, recall and organisation of language and expression.

Each week, we will be learning four new words. Please see below this weeks words to practise at home.



NO







Snow Rain Su



## **Turves Green Superstars!**



#### **Hot Chocolate Friday**

Well done to all the children who have been nominated.

This week's winners are:

Year 1 - Vishnu & Alysa

Year 2 - Leo & Lexi

Year 3 - Kylo & Ivie Ray

Year 4 - Lincoln & Ollie

Year 5 - Finley & Marius

Year 6 - AJ & Ethan

#### **House Points**



838 909 83



#### **Superstar Mathletes**

Year 1 - Tiviskaa & Alysa

Year 2 - Eva & Rheo

Year 3 - Zainab & Mason

Year 4 - Lincoln & Maximus

Year 5 - Bete & Ollie

Year 6 - Alfie & Llewelyn



#### **Handwriting Heroes**

Year 1 - Jack & Amaya Year 2 - Blessing & Leah Year 3 - Amina & Eshaani Year 4 - Ethan & Emmelia Year 5 - Molly & Jaiden Year 6 - Kenayah & Zayna



## Lunch Menu

### Week 1

			VVCCK	
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Goujons Vegan Bites	Beef Lasagne Quorn Lasagne	Chicken Fillet with Gravy and Yorkshire Pudding Quorn Roast	ry and hire Pork Sausage Pizza Selection pag Vegan Sausage Fish Cake cloast	
Seasoned Diced Potatoes Garden Peas Sweetcorn	Garlic Slice Sweetcorn Peas	Roast New Potatoes Creamed Potatoes Broccoli Carrotts	Creamy Potatoes Gravy Mixed Vegetables	Chips Sweetcorn Baked Beans
Fresh Fruit Salad	Shortbread	Fresh Fruit Salad	Iced Sponge Cake	Ice Cream Tubs



