



# Turves Green Primary School Newsletter

**Excelsior**  
Multi Academy Trust

16TH JUNE 2023

Hello Everyone,

It has been a very busy and hot week in school with lots happening and lots to celebrate. First of all, 3D performed their assembly to share what they had learnt this term with other children in school and any parents/carers who could attend. The children all spoke brilliantly to showcase their work and learning and we all left having discovered new things about the Egyptians and learnt some Spanish words! Thank you to those who were able to come and watch.

Another exciting event was having visitors in this week to see how we teach Personal Development in school. Two of the visitors had come all the way from Australia. They were amazed at how fantastic our children were and the great learning that happens as part of our Personal Development curriculum. A big well done to all of the children and teachers!

It has been Flexi Friday today, so the children have been taking part in some exciting learning. In KS2, part of this has been developing their Art and Design Technology skills to create props for the KS2 Production. There has definitely been a lot of perseverance in classrooms to master some of the skills.

It is unclear whether the high temperatures will continue next week, but just a reminder to keep sending the children in to school with sun hats, sun cream and their school water bottle when it does look like it will be a warm day.

Have a lovely weekend and we will see you next week.

G.Harker-Daniels  
Deputy Headteacher

## Inclusion Corner Sun and...Screams!

For some families, sunny days can be challenging due the battles that occur to get sun safe. For people with sensory differences, sunny days can cause distress due to:

- a dislike of bright lights
- being over or under sensitive to heat (and therefore the risks)
- the feel of new (or less) clothes
- different and stronger smells i.e., sun lotions
- the need for sun protection to put on (the placement and rubbing action can cause discomfort and physical pain to some)

### Solutions?

Firstly, ensure you set your expectations, explaining why sun protection is essential. Make it part of your discussions, so your child is prepared. For example, 'It's going to be hot tomorrow. I can't wait to put on my sunscreen, sunglasses and sun hat and go to the park!' Also be prepared to negotiate. For example, allow your child to select their sun clothes, or the time to go out or allow them to put lotion on you first (if they can tolerate it).

In addition, why not try some of these ideas....

- Spray sun lotion or sunscreen stick - no rubbing required!
- Sun protection clothing with SPF50
- Large sun hats (ones with SPF 50 are available!)

Enjoy the sun!

Laura Allden (AHT and Inclusion Lead)



## IMPORTANT DATES



**MONDAY 19TH JUNE**  
**YEAR 1 TRIP TO ALL THINGS WILD**

**WEDNESDAY 21ST JUNE**  
**YEAR 1 TOPIC EXHIBITION**  
**3:15PM**

**THURSDAY 22ND JUNE**  
**INDIA THEME LUNCH**

**FRIDAY 23RD JUNE**  
**YEAR 5 TRIP TO THINKTANK**

**WEDNESDAY 28TH JUNE**  
**RECEPTION, YEAR 1 AND**  
**YEAR 2 SPORTS DAY**  
**9AM - 10AM**

**WEDNESDAY 28TH JUNE**  
**YEAR 3, YEAR 4, YEAR 5**  
**AND YEAR 6 SPORTS DAY**  
**1:15PM - 2:45PM**

**THURSDAY 29TH JUNE**  
**YEAR 1 ASSEMBLY**

## KS2 PE

**Week Beginning 19th June**  
**(Week 2 Timetable)**



**Monday - Year 5**

**Tuesday - 6B, 6J Swimming**

**Wednesday - Year 3 & Year 4**

**Thursday - 5J & Year 6**

**Friday - No KS2 PE**

**Week Beginning 26th June**  
**(Week 1 Timetable)**

**Monday - Year 5**



**Tuesday - 6B, 6J Swimming**

**Wednesday - Year 3 & Year 4**

**Thursday - 5J & Year 6**

**Friday - No KS2 PE**



Turves Green: Green  
Forever  
WEB has been our  
focus this year.

Waste - we are trying to ensure more of our  
waste is recycled

Energy - we are trying to reduce the amount  
of energy we use

Biodiversity - we are trying to create, plant  
and grow more to support the environment  
and wildlife

# Weekly Assembly



Have a conversation about the  
story behind this picture and it  
links to No Outsiders and British  
Values:





# KEEPING CHILDREN SAFE ONLINE

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

## What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health – so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

### 1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

### 2. KEEP TALKING

Regular chats with young people about their online lives are a good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

### 3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

### 4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

### 5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

### FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

**Childline:** talk to a trained counsellor on 0800 1111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/)

**National Bullying Helpline:** counsellors are available on 0845 225 5787 or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html)

**The NSPCC:** the children's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/) and can be reached on 0800 800 5000

### 6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

### 7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

### 8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

### 9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

### 10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing Internet use and sexting behaviour of young people in the UK, USA and Australia.



**NOS**  
National  
Online  
Safety®  
#WakeUpWednesday



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 09.11.2022

DID YOU KNOW THAT GOOGLE HAVE AN APP CALLED FAMILY LINK WHICH PROVIDES PARENTS AND CARERS WITH TOOLS TO SET SCREEN TIME LIMITS AND PROTECT THEIR PRIVACY. VISIT [WWW.FAMILIES.GOOGLE/FAMILYLINK/](http://WWW.FAMILIES.GOOGLE/FAMILYLINK/)





# Turves Green Superstars!



## Hot Chocolate Friday

Well done to all the children who have been nominated.

This week's winners are:

Reception - Holly & Carter

Year 1 - Leah & Blessing

Year 2 - Tazanna & Quincy

Year 3 - Gracie & Irsheen

Year 4 - Parker & Annalise

Year 5 - Ethan & Tianne

Year 6 - Arsham & Poppy

## House Points

### Balding



853

### Farrah



809

### Hawking



905

### Rowling



916

### Spielberg



929



## Superstar Mathletes

Reception - Holly & Cater-Reign

Year 1 - Edith & Layla

Year 2 - Nevaeh-May & Chiro

Year 3 - Kriti & Olivia

Year 4 - Hanlin & Everyone

Year 5 - Oscar & Maisie

Year 6 - Elliott & Jessica

## Handwriting Heroes

Reception - Logan & Thomas

Year 1 - Hazel & Lexi

Year 2 - Sophia & Zainab

Year 3 - Logan & Anna

Year 4 - Poppy-Jayne & Finley

Year 5 - Tyler-Jay & Alfie-Lee

Year 6 - Lucie & Max

## Lunch Menu

## Week 3

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday                                    |
|---|---|---|---|---|
| Chicken Goujon<br>Quorn Bites                         | Sweet & Sour<br>Chicken<br>Sweet & Sour<br>Quorn  | Roast Chicken &<br>Yorkshire<br>Pudding<br>Quorn Roast                      | Chicken Tikka<br>Masala<br>Roast Vegetable<br>and Spinach Curry                     | Pizza Selection<br>Popcorn Fish<br>Fillet |
| Seasoned<br>Potato Wedges<br>Sweetcorn<br>Baked Beans | Chinese Style<br>Rice<br>Green Beans<br>Sweetcorn | Roast New<br>Potatoes<br>Creamed<br>Potatoes<br>Roasted Carrots<br>Broccoli | Basmati Rice<br>Vegetable Samosa<br>Curried Cauliflower<br>Green Beans<br>Sweetcorn | Chips<br>Baked Beans<br>Sweetcorn         |
| Fresh Fruit Salad                                     | Vegetarian<br>Jelly or<br>Blueberry<br>Muffins    | Fresh Fruit Salad   | Lemon Biscuits<br>Fruit Selection   | Crackers &<br>Cheese                      |



# Be an attendance HERO Here Everyday Ready Ontime

