



Turves Green Primary School Newsletter

Excelsior
Multi Academy Trust
3RD MARCH 2023

Dear Everyone,

We hope the children enjoyed their day yesterday. It was fabulous to see them dressed up as characters or all cosy in their PJs. It was also great to try to recognise who all the staff were dressed up as.

Have a look at the great photos below:



Next week we look forward to inviting our Year 1 parents in to school to take part in some fun phonics activities. Please do try to join us as this is a great way of us sharing what your children are learning in school.

Have a great weekend.

D.Holland
Headteacher

Inclusion Corner

Promoting Wellbeing through Mindfulness

Mindfulness is a way of training the mind to be present; paying attention to what is happening as it happens. It is done with an attitude of kindness, acceptance and non-judgement.

The benefits include:

- more patience
- better focus and productivity
- increased compassion
- heightened body awareness
- less stress and anxiety

What mindfulness techniques do we use in school?

- 5,4,3,2,1 (anxiety grounding technique)
- Deep breathing exercises like: Belly Breathing: Mindfulness for Children - YouTube
- Affirmations

Would any of these techniques be beneficial to use at home also? 😊

Laura Alden
Inclusion Lead
Assistant Headteacher



DATES FOR YOUR DIARY



TUESDAY 7TH MARCH - YEAR 1 PHONICS WORKSHOP

THURSDAY 9TH MARCH - RECEPTION CLASS EYE TESTS

FRIDAY 17TH MARCH - RED NOSE DAY

MARCH - PARENT CONSULTATION EVENINGS

3 - 14TH APRIL - SCHOOL CLOSED FOR EASTER HOLIDAYS

KS2 PE

Week Beginning 6th March (Week 1 Timetable)
Monday - Year 6
Tuesday - 5J, 5S Swimming
Wednesday - Year 3 & Year 4
Thursday - 5J & Year 6
Friday - No KS2 PE



Week Beginning 13th March (Week 2 Timetable)
Monday - Year 6
Tuesday - 4B, 5S Swimming
Wednesday - Year 3 & Year 4
Thursday - 4W & Year 5
Friday - No KS2 PE



We have been made aware of cases of head lice in school. Please check your child's hair and treat if necessary, full details of how to deal with head lice can be found by following the below:
 Head lice and nits - NHS (www.nhs.uk)





Turves Green Superstars!



Hot Chocolate Friday

Well done to all the children who have been nominated.

This week's winners are:

- Reception - Freya & Jorgie
- Year 1 - Kaisean & Harry
- Year 2 - Ronnie & Mirabella
- Year 3 - Eva and Zoha
- Year 4 - Kian & Jamie
- Year 5 - Iris & Maisie
- Year 6 - Kayleigh & Poppy

House Points

Balding	Farrah	Hawking	Rowling	Spielberg
				
393	426	445	424	397

Superstar Mathletes

- Reception - Layla-Rose & Kezari
- Year 1 - Alexia & Oscar
- Year 2 - Callum & Elsie-May
- Year 3 - Lincoln & Sienna-Rae
- Year 4 - Kian & Parker
- Year 5 - Harry & Tianne
- Year 6 - Chloe & Mehr

Handwriting Heroes

- Reception - Yusuf & Alana
- Year 1 - Adelina & Hadriel
- Year 2 - Mason & Callum
- Year 3 - Ethan & Kashaylah
- Year 4 - Ollie & Olivia
- Year 5 - Ameera & William
- Year 6 - Maxwell & Poppy

Lunch Menu

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Goujon Quorn Bites	Sweet & Sour Chicken Sweet & Sour Quorn	Roast Chicken & Yorkshire Pudding Quorn Roast	Beef Bolognese & Quorn Bolognese	Pizza Selection Popcorn Fish Fillet
Seasoned Potato Wedges Sweetcorn Baked Beans	Chinese Style Rice Green Beans Sweetcorn	Roast New Potatoes Creamed Potatoes Roasted Carrots Broccoli	Penne Pasta Garlic Slice Peas	Chips Baked Beans Sweetcorn
Fresh Fruit Salad	Vegetarian Jelly or Blueberry Muffins	Fresh Fruit Salad	Apple Flapjack	Crackers & Cheese

Be an attendance HERO

Here Everyday Ready Ontime

